

✦ Tips & Tricks ✦

○ Use a travel or piercing pillow to avoid putting pressure on your healing piercing, to lessen the risk of migration / movement.

○ **Come back to downsize your piercing** by the recommended time, to help the healing process & lessen irritation or the likelihood of catching, or loss.

○ Follow the aftercare & **be patient**. Healing piercings are a labour of love. But it's worth it!

Please Avoid...

○ Do not soak or submerge your piercing in bodies of water for at least half of the healing process (**showers are encouraged!**)

○ **Avoid harsh products such as alcohol, peroxide, or tea tree oil.**

○ Avoid changing your body jewelry by yourself before it's fully healed - Switching the style or to lower quality jewelry can compromise a healing piercing.

Do you have a question or concern with your piercing?

✦ No need to worry! ✦
✦ We're here to help. ✦

Book an appointment for a check up
& we can advise the best course of action.

About Your Body Jewelry...

All of the body jewelry used at Ineffable Aesthetics meets the same specifications as medical implants such as pacemakers or hip replacements.

(ASTMF-136 titanium, niobium, or solid 14/18k nickel free gold)

This means your jewelry is meant for long term wear as it is **highly biocompatible**, and will not tarnish.

Your body jewelry is also warrantied against manufacturing defects that are of no fault of your own.

This does not cover loss.

For more warranty information, visit our website.

You are Wearing:

Gauge: _____

Size: _____

Style: _____

Material: _____

Date: _____

Piercer: _____

Downsize: _____

Ineffable
Aesthetics
- Defy Definition -

✦ Piercings ✦ Tattoos ✦
✦ Fine Body Jewelry ✦



Body & Ear
Piercing Aftercare

www.defydefinition.ca

Aftercare: Made Simple.

1. **Keep it Clean** - Remove debris by gently rinsing with warm running water, or sterile saline
2. **Keep it Dry** - Gently dry your piercing with non-woven gauze or a hairdryer on a cool setting
3. **Keep Hands Off** - Do not touch, twist or turn your body jewelry while it's healing.



Things to Expect

Throughout the healing process it is not uncommon to experience:

- Redness, Bruising, & Swelling during the first few weeks
- Tenderness at the piercing site
- White or off-white coloured fluid at the piercing site (*This is lymph and is totally normal*)
- Crusty material built up on or around the jewelry (*ensure to gently remove per instructions*)



Healing Times:

Healing times for body and ear piercings vary, depending on a wide variety of factors.

The placement, aftercare, jewelry quality and style, environment, *and more*, can all play a part in how a piercing heals.

The following heal times are a general approximation and will vary.

Ear Cartilage Piercing: 6 - 12+ Months

Advanced Ear Cartilage: 12+ Months

Ear Lobe Piercing: 4 - 6+ Months

Nostril Piercing: 6 - 12+ Months

Septum Piercing: 3 - 4+ Months

Navel Piercing: 6 - 12+ Months

Nipple Piercing: 6 - 12+ Months

Genital: 4 - 6+ Months

It is important to come back to check in & downsize any excess length on your piercing, **as needed**.

Check ups are always free

Changes with purchased jewelry are free, a shorter post ranges from \$20-30.

Downsize Coupon

Don't forget to bring back your Aftercare brochure with your Downsize Coupon to receive **25% off your First Downsize!**



We care about you, and want to make your jewelry dreams a reality.

**Sparkle Now,
Pay Later**

- Ask about payment plan options with

\$ Afterpay

Ineffable Aesthetics
- Defy Definition -

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